

Lac la Biche Herald

Vol. 12, No. 49

Section One—8 Pages EDMONTON, ALBERTA, SATURDAY, DEC. 5, 1959

10c PER COPY

Pharmacy Student Given Five Awards

Students Provide Entertainment For Large Crowd At Lac La Biche

A capacity crowd attended the program held in the Memorial Hall Nov. 21. The main event of the evening was the presentation of scholarships to honor students of the Dr. Swift high school.

A delightful evening of entertainment was provided by pupils of the Lac la Biche school. Nick Chodin was master of ceremonies and did a capable job of handling the many and varied items on the program.

The Citizens' Band opened the performance with O'Canada. Then followed a well-prepared program consisting of songs, drills and action songs with tiny grade ones making their first stage appearance to a high school girls' chorus.

The audience was delighted with Little Red Riding Hood; a clown drill; old Macdonald had a farm; the Highland Fling, expertly performed by a group of eight girls; Little Black Sambo; a rhythm

band by a group using kitchen tools was near perfect, and gives promise of much talent to draw from in the years to come. The Cookie Kids from the kitchen is worthy of mention also and the musical ride performed by a group of boys was enthusiastically received and greatly enjoyed as was 'Galway Bay' sung by a group of high school girls, their fresh young voices blending in delightful harmony. The band presented a couple of selections and closed the program with God Save the Queen.

The entire program showed that a great deal of preparation had gone into each number but it was all of a high calibre and proved beyond a doubt the popularity of home talent, especially when the actors are young and enthusiastic. The teachers are to be commended for the excellent performance of the children, both on and off stage. The band too, for its first appearance, had practised faithfully to present the numbers for the occasion.

Lac La Biche

The winner of the grand prize at the opening of the Sunset Hardware store on Saturday was Morrison Pruden of Lac la Biche. The prize was a power mower.

Roy Rains won the electric coffee maker given as a door prize on Saturday.

Mike Maccagno, M.L.A. attended the Liberal convention in Calgary last week.

Edward Ferris had the misfortune to lose parts of several fingers on his left hand while grinding mink feed recently.

Marilyn McMillan and Carol Stewart were home from Varsity this past weekend.

Esdras Cadieux is now home after being hospitalized for a couple of weeks in Edmonton following eye surgery. His many friends are happy to see him around and enjoying good health once more.

Helen Bourassa and family of Shelley, B.C., recently visited the former's parents Mr. and Mrs. J. Klein.

Harold Mowson and small daughter Helen spent several days in Calgary, guests of the former's brother Horace and family, and in Edmonton with his parents, Mr. and Mrs. Mawson Sr.

Ice on the lake is now sufficiently strong to allow traffic from Owl River to make the short cut, thus saving about 10 miles of road.

D. Kyle of Edmonton now has the contract for the Lac la Biche mail route. Mail now leaves Lac la Biche each evening at 6 p.m. except Sunday. Mail from the city arrives at the same time as formerly.

Sadie Hawkins Sock Hop Held At Gymnasium

A Sadie Hawkins "Sock Hop" was held in the Lac la Biche gymnasium recently. Members of the Students' Union spent an enjoyable evening dancing and playing games.

Both boys and girls dressed casually in jeans and socks and participated in all events.

For the "Grocery Box Quiz", the boys and girls sat "Indian Style" in two lines down the centre of the gym. Two boxes containing identical groceries were placed at the front of each row. The leaders passed the articles back one at a time to fill the box at the end. Then the end person passed all the articles to the front again. After the articles were collected, the students used their memory in writing down the articles that passed through their hands. Rose Letourneau, with a total of 24 points, was the winner of the prize.

Morris Linnell and Victor Michetti, the DJ's, spun the records as the students danced. At 12 o'clock everyone enjoyed a lunch served by the social convener, Rita Maccagno, and her assistants.

Bingo Sponsored By Caslan School

The Caslan School Club sponsored a bingo at the school the evening of Nov. 27. Many beautiful prizes were donated by the parents.

Lunch was served during the evening.

Darlene Kniazky drew the winning raffle tickets. Miss Edna Meyer won the first prize, a suitcase; William Gorday, a scale; Mrs. Walter Meyer, an ornament, a panther.

Mrs. Porodo Feted At Farewell Party

NORMANDEAU — A farewell party, attended by relatives, was held recently at the home of Mrs. Leoza Turgeon in honor of Mrs. Roland Porodo.

Mrs. Porodo has left with her son Jerome to meet her husband in Toronto.

Marilyn McMillan Receives Gifts In Presentations At Lac La Biche

LAC LA BICHE—The Memorial Hall was filled to capacity on Nov. 21, when teachers and students from Grade 1 to High School co-operated to put on a program which the audience rated one of the best.

The Lac la Biche Citizen's Band, making its first appearance in a local concert, added that special something which can be supplied only by a home town band. The evening was highlighted by the presentation of scholarships to three popular young students.

Acting for the Home and School, President Ernie Sharks awarded a \$25 prize to Kathleen Duban for the highest standing in Grade 10 in Lac la Biche school. Runners-up who also attained honors standing were Annetta Senetza, Donna Hamar and Louise Badry. Each received a \$5 award from the school, presented by Principal F. W. McMillan.

Seventeen-year-old, Marilyn McMillan, who is now a first-year student in pharmacy at the University of Alberta, was the recipient of five awards. The \$25 honors prize and gold pin from the Lac la Biche School Division were given by Vice-Chairman Jack Williams. Mr. Paul Piquette, president of the Lac la Biche ATA Local, presented two \$50 scholarships, one for highest standing in math and science, and the other for social studies and languages in the Lac la Biche division. For the Students' Union, President Julius Owcher tendered the annual \$25 scholarship. Acting for the Edmonton and district Druggist's Association, J. A. Stewart presented that organization's award of \$100, which is offered annually to a student of outstanding merit entering first-year pharmacy. To qualify, the student must have carried out the work of Grade 12 in that part of Alberta lying north of a line drawn from Rocky Mountain House to Red Deer to Coronation, and including those centers.

Olga Mischuk, whose Grade 9 marks topped all those in the Lac la Biche inspectorate last year, was given appropriate recognition from many quarters. From the Lac la Biche School Division came the \$25 cheque and gold pin. Two other \$25 awards were received, one from the Ladies of St. Catherine's, pre-

Special Article On Farm Life In "Country Life"

A special feature of interest to country readers is an article entitled "The Farm Way Of Life" appearing in this issue of Alberta Country Life. It appeared in the "Monthly Letter" published by The Royal Bank of Canada and will have a wide appeal to readers in rural areas.

sented by Mrs. M. Maccagno, and the same amount from the Women's Institute, given by Mrs. Steve Hamar.

A handsome travel case was presented on behalf of the Students' Union by Julius Owcher. President Al Woyanowich was on hand to deliver the engraved gold signet ring which the Lac la Biche Lions' Club offers annually to every local student who attains honors standing in Grade 9.

The final award was given by Steve Odynak, superintendent of schools who, acting on behalf of the Queen's representative, presented this very deserving student with the governor-general's medal.

Convention News In "Country Life"

Special pages of news about Social Credit and Liberal provincial conventions will be found this week in Alberta Country Life, the farm supplement which enters one in every three homes in Alberta.

AURORA THEATRE

Lac la Biche, Alberta PRESENTS

Fri. & Sat., Dec. 4 & 5—

"SHERIFF OF FRACTURED JAW"

Comedy in Technicolor and Cinemascope. Family.

Starring Kenneth More, Jayne Mansfield, Henry Hull. Showing at 8:30 on Friday; at 2:30, 7:00 and 9:15 on Saturday.

Mon. & Tues., Dec. 7 & 8—

"TUNNEL OF LOVE"

Comedy. Starring Doris Day, Richard Widmark, Gig Young, Gia Scala

The hilarious story of a happy marriage . . . beset with complications . . . An intimate peek at a young couple, hopeful of adopting a baby. Showing at 8:30 each evening.

Wed. & Thurs., Dec. 9 & 10—

"INTENT TO KILL"

Crime Drama in Cinemascope. Starring Richard Todd, Betsy Drake, Herbert Lom.

Killers spreading death in hospital corridor . . . a battle to the death between white-robed doctors and black-garbed killers. Showing at 8:30 on Wednesday

BIG TURKEY BINGO

at 7:30, December 10

Sponsored by Lac la Biche Lions Club. Feature "INTENT TO KILL" will follow the Bingo games at approximately 9:00 p.m.

DREAMLAND THEATRE

BOYLE Alberta

"Get more out of life—go to a movie theatre."

Fri. & Sat., Dec. 4 & 5—

"GOOD DAY FOR HANGING"

Family - A good action Western in Technicolor. Starring Fred MacMurray, Maggie Hayes and Robert Vaughn.



A ROYAL CANADIAN ARMY Cadet Corps Conference held at Griesbach Army Camp brought together chief instructors from fourteen Alberta centers. Details of a training program designed to maintain a high degree of interest and usefulness for the more than 800 cadets represented by the conferees

were worked out. Cadet Corps instructors attending included (left to right) (seated) Lieutenant A. R. Lyons, of Edson, Captain K. G. E. Wade of Evansburg, (standing) Lieutenant B. C. Dickson, Thorsby, and N. Wintonyk, of Derwent.

LAC LA BICHE HERALD

Founded in 1941 by
Rev. Fr. McGrane



Published
weekly at
10815 - 82 Ave.,
Edmonton
T. W. PUE,
Publisher

(Authorized as second class mail,
Post Office Dept., Ottawa)

Rural subscriptions \$2.50 per year
City subscriptions \$3.50 per year.

Classified Advertising Rates:
4c per word per insertion;

Minimum charge \$1.00 per week.
Payable in advance.

Card of Thanks, In Memoriam,
Engagement, each \$1.00

MRS. M. CREIGHTON
Local Editor

DISTRICT REPORTERS

Atmore—Miss Ruby Stanchfield
Avenir—Evelyn Perner
Bayview—Peter Mischuk
Blue Jay—Ellen Jastrzebski
Briereville—Mrs. H. L. Thompson
Beryl—Miss Lena Menard
Breynat—Miss Polly Roskewich
Caslan—Miss E. Mayer
Charron—Miss Gail Karpetz
Egg Lake—Mrs. L. G. Amiot
Fork Lake—Miss Vera Sunderman
Frains—Miss Juliana Kolach
Grassland—C. M. Sutton
Goose Lake—Miss Doris and
Lynda Bergheim
Gourin—Marie Rose Ulliac
Helina—Dianne Onclul
Hylo—Mrs. Nellie Zalewsky
Kukino—Mrs. H. Calliou

Plamondon

Many friends and relatives from this district attended the Whitney and Bourke wedding at Donatville.

Mrs. and Mrs. Frank Dragon were recent guests at the home of the former's parents here.

Miss Gloria Stratton of this community won a \$5 prize at the last bingo held in the Aurora Theatre in Lac la Biche.

Buck Frederick has returned home from Uranium City, Sask., where he was formerly employed.

Venice

Mr. and Mrs. Ornario Bordigno and daughter Faith from Chard are visiting relatives in the district.

Dolores Biollo spent a few days in Edmonton with her grandparents.

Gino Giacobbo, Peter Kryrelchuk and Oliver Biollo have left to work in Swan Hills.

Aurelio and Burno Ferro are employed at Piven's Saw Mill north of Lac la Biche.

DR. J. A. MELENCHUK

O.D., B.Sc., Optometrist

DAILY OFFICE HOURS

9 a.m. to 5:30 p.m.

(Closed Saturdays)

Practise devoted to the care of
vision

Phone 247 ST. PAUL

Evangelical Free Church

Pastor: A. Daniel Goldsmith

SUNDAY

LAC LA BICHE

Sunday School 10:30 a.m.
Evening Service 7:30 p.m.

HYLO

Sunday School and
Worship Service 2:30 p.m.

Frances Bale And Russell Gibrak Exchange Wedding Vows And Rings

CASLAN — The United Church in Lac la Biche was the setting for a pretty wedding on November 21 when Miss Frances Monica Bale, daughter of Mr. and Mrs. Thomas Bale of Scabro, Ontario, became the bride of Mr. Russell Emille Gibrak, son of Mr. and Mrs. William Gibrak of Caslan.

Rev. Mr. Munro officiated at the double-ring ceremony and Mrs. Lett played the wedding music.

The bride, who was given in marriage by her brother Mr. David Bale, chose a full-length gown of white taffeta with the skirt extending to a train. The fitted bodice was styled with lily-point sleeves and the shawl collar was trimmed with seed pearls and lace. A heart-shaped headdress with a pearl drop on her forehead held a shoulder-length veil in place. Her jewelry was a single pear drop necklace and matching earrings, a gift from the groom. She carried a bouquet of deep pink rosebuds.

Mrs. Astrid Kowalchuk, sister-in-law of the groom, was matron of honor. She wore a gown of pale pink lace over taffeta with a matching headdress. Her corsage was white carnations.

Miss Sylvia Yuristy, niece of the groom, was bridesmaid. Her gown was blue lace over taffeta with

bow detail in front and she wore a matching headdress. Her bouquet was white carnations.

Rosemary Yuristy, niece of the groom, was flower girl. Her frock was of blue nylon with matching headdress and she carried a bouquet of pink rosebuds. Dale Meyer was the ring-bearer.

The best men were Mr. Michael Kowalchuk, brother of the groom, and Mr. Paul Kuraitis.

A reception was held at the home of the groom's parents where supper was served to the guests. A tiered-cake decorated with a miniature bride and groom graced the bride's table. To receive the guests the bride's mother wore a blue sheath dress and the groom's mother wore a blue dress with black velvety flowers.

In the evening a dance was held at the Caslan school. Music was supplied by Wally Tichonick's orchestra.

After a wedding trip to Toronto, Ontario, Mr. and Mrs. Gibrak will reside in Edmonton.

Out of town relatives included: David Bale of Vancouver, B.C.; Mrs. Thomas Bale of Scabro, Ontario; Mr. and Mrs. Michael Kowalchuk of Edmonton; Mrs. Yuristy and daughters Sylvia and

H. Senetza Elected Curling Club Head

LAC LA BICHE — The Curling Club has been reorganized for the coming season and the next executive and various committees are completing plans for a bonspiel in the near future. The roof of the curling rink has been completed and the ice is now being prepared.

The 59-60 executive and committees are as follows: president, H. Senetza; vice president, Oscar Cleven; secretary, Knute Olson; treasurer, Mary Tessolin; draw committee, N. Chodin. F. W. McMillan; finance and building: Marshal Hamar, E. J. Woyanowich, Jim Tessolin; membership, Stan Powers, T. Mackriss, J. Olstad, Mary Rossi; ice, L. Vincent, Gordon Lee, J. Hamar; social and entertainment, Ernie Coutney, Dr. D. Bouvier, Stan Gazier, Fred Harman; bonspiel, Mike Hamar, Wm.

Rosemary from Saskatchewan. Other guests were from the Caslan, Noral, Hylo, Lac la Biche, Smoky Lake and Thorhild districts.

Tarrabain, J. Williams, E. Garnet, L. Badry and Roy Rains.

Fees will remain the same as last year, ie., men, \$16, ladies, \$11, and high school students, \$3. Pete Sorochan is caretaker again this year.

Frains

At the wedding of Mary Kachur and Frank Petroski the best men were: Mr. Joe Petroski, brother of the groom, and Mr. William Smith; not Mr. Joe Petroski and John Urdiga, as stated in a recent issue.

Nick Mamchur is home now after having served five years in the Air Force.

Visitors to Edmonton were Mrs. Annie Shwetz, Nick Mamchur, Mrs. Annie Kolmatycki and Mrs. Nahrabinchyk and Peter, Mr. and Mrs. N. Greshuk and Archy Shwetz.

It's A Boy!

GOURIN — Mr. and Mrs. Fernand Amiot are receiving congratulations on the birth of their first son.

OPTOMETRISTS

Drs. Drew, Rowand, McClung & Jones

DR. R. E. McCLUNG will be at DR. CADZOW'S CLINIC, LAC LA BICHE, on FRIDAY and SATURDAY, Dec. 11 and 12, and in PLAMONDON on Thursday, Dec. 10.

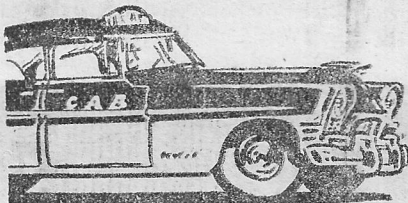
TO CONSULT ON VISUAL PROBLEMS

Appointments arranged in advance

707 Tegler Building

EDMONTON

GETTING FULL VALUE OUT OF YOUR TRUCK?



If you're not getting full performance and value out of your truck, bring it in to us to give it a good checkup. Remember, that truck of yours must pay its way and

it can't unless it's operating at peak performance at all times. If it's using too much fuel and cutting down your profits in farm, job or factory work, it's worth an investment in good repair. Call today.

LAC LA BICHE GARAGE

L. RUDIGER, Prop.

LAC LA BICHE

Alberta

WANT GIFTS FOR THE KIDDIES FOR CHRISTMAS?



Then we suggest you try
SYLVAPLY TOYS!

Dad will enjoy making them and junior will enjoy playing with them.

Easy to make and they'll provide lots of hours of fun and pleasure for the small members of your family.

Leaflets are on display in our store with full instructions on how to make your Sylvaply Toys.

HURRY IN SOON...

HAYWARD LUMBER CO. LTD.

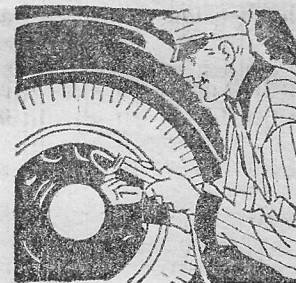
LAC LA BICHE

Alberta

O. K. Motors Ltd.

Can give prompt and guaranteed service and repair to any make of car or truck.

FORD CARS - PARTS



AUTOMATIC TRANSMISSION REPAIRS

Phone 68

LAC LA BICHE

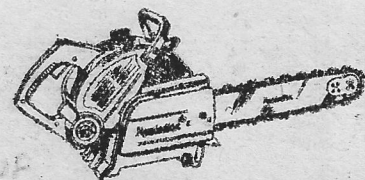
Buying a CHAIN SAW?



Here is more saw for every cent you spend

HERE IS *Remington*
HERE IS POWER

... and *THIS Chain Saw is*
GUARANTEED
for one full year



SL-5 — 5 HP, direct drive. Fast — powerful — rugged — lightweight — at a best-value price!

You get more when you get a Remington and you can get one at

GEO. HOMENIUK

LAC LA BICHE

Alberta

HSA Enjoys European Trip With N. Chodan & J. Yurkiw

HYLO — Western European tourists N. A. Chodan and J. P. Yurkiw, both teachers of Lac la Biche, were guest speakers at the Hylo HSA meeting on Friday, Nov. 20. They had a wonderful supply of movie slides to show to the eager crowd. Mr. Chodan had the audience in gales of laughter with all the anecdotes.

Grassland High Students' Union

By GAIL KARPETZ

On Friday, Nov. 20, the Grassland High School basketball teams motored to Athabasca to meet the Edwin Composite High School basketball teams. Both Grassland teams were victorious: girls, 23-21; boys, 27-24.

After the games a lunch was served by the Athabasca girls in the home economics room.

In a return meeting at Grassland High School on Friday, Nov. 27, the Athabasca and Grassland teams played basketball again. This time the Grassland girls won by a score of 13-12. The winning point was made on a free shot by Glenora Brown, the girls' sports convener. The Athabasca boys won in the boys' game 26-15.

Lunch was served after the game by Grassland Union members.

The teams will meet again Dec. 5 at Athabasca.

Glenora Brown succeeds Jackie Bassel as sports convener. Jackie has moved to Lac la Biche where she will attend school.

Mike Luc Honored At Birthday Party

BAYVIEW — Many friends gathered at the home of Mr. and Mrs. Mike Luc in honor of Mr. Luc's birthday recently.

A buffet-style supper was served by Mrs. Luc.

At midnight all sang "Happy Birthday" and a beautifully-decorated birthday cake was cut and served with coffee.

Mr. Luc was presented with gifts from his daughters, a watch from Mrs. Luc and an electric shaver from the friends present.

Following lunch Jacob Bogdan supplied music and everyone danced until early morning.

Mrs. Robert Joncas Now Music Teacher

LAC LA BICHE — One of the busiest ladies of the town appears to be Mrs. Robert Joncas, who has assumed the duties of music teacher. It is understood Mrs. Joncas teaches piano to some 65 pupils each week. Fourteen of these are beginners and eight are senior pupils, some of whom are in their eighth grade of music. Some children had to be turned away, due to lack of time on the part of Mrs. Joncas.

As well as teaching music, Mrs. Joncas is choir director of St. Catherine's Church, and the mother of four small daughters.

Church Notices UKRAINIAN ORTHODOX CHURCH

Rev. N. Stetzenko, Priest
Friday, Dec. 4 — Wandering River;
Sunday, Dec. 6 — Craigend;
Sunday, Dec. 13 — Lac la Biche, District Church Council Meeting;
Saturday, Dec. 19 — Noral, St. Nicholas' Day;
Sunday, Dec. 20 — Boyle;
Tuesday, Dec. 22 — Sarraill, St. Annes' Day;
Sunday, Dec. 27 — Grassland.

Helina

Mr. and Mrs. William Suhan are the proud parents of a new baby girl.

Funeral services were held at the Rich Lake United Church for Bill Whelen who passed away recently. Rev. Mr. Munro of Lac la Biche officiated and interment was in the Fork Lake Cemetery.

Egg Lake

Mr. and Mrs. Armand Lebeuf and J. B. Picard of Edmonton spent the weekend at the home of Mr. and Mrs. Maurice Lebeuf.

Mr. and Mrs. Armand Ostiguy and Mr. and Mrs. Reginald Ostiguy of Edmonton made a short visit at the home of Mr. and Mrs. L. G. Amiot recently and Mrs. Amiot returned with them for a few days in the city.

Mrs. Denis Amiot spent a few days in hospital but is back at home feeling better.

HEATING and GAS FITTING

We specialize in Gas Heating, Servicing, Valves and Self-Powered Pilot Generating Units. Installations are inspected and approved by Provincial Gas Inspectors.

MARSHALL-WELLS STORES

H. Lobay—FIRST CLASS GAS FITTER

AUCTION SALE

FRIDAY, December 18th

PHILIP GAMACHE, Owner

1 mile South, 1/4 mile West, 4 1/2 miles South Falher. Lunch at noon. Sale starts at 10:00 a.m. Terms cash except larger items and arrangements can be made.

127 S.P. IHC self-propelled combine with pickup and straw cutter; 125 S.P. IHC self-propelled combine with pickup and strawcutter; WD-9 IHC tractor with hydraulic, lights, starter and fluid in tires; WD-9 IHC tractor with lights and fluid; IHC 21 ft press drill, 1 year old; 42 ft. harrow draw bar; 14 sections diamond harrows; 35 ft. grain auger; Wisconsin 9 h.p. engine; IHC 3 h.p. engine.

Bulldog fanning mill; IHC 416 tractor plow; IHC 11 ft. chisel plow; IHC 15 ft. diskall; IHC 9 ft. tiller with box; 1947 3-ton Ford, good rubber and grain box; 1954 R-110 IHC 1/2-ton truck; Massey Harris 10 ft. hay rake; IHC 7 ft. mower; 500 gal. 2 cpt. gas tank; 500 gal. propane tank;

4-IHC 8 ft. binders; 2 well pumps; 1 set 3 in. sleighs; post drill; electric grinder; 1/2 in. electric drill; John Deere 5 ft. subsoil cultivator; 2 oil brooders; 1 cutter; 2 electric motors, 1/4-1/3.

IHC 12 ft. refrigerator; Zenith 21 ft. deep freeze (new); Tappan 30 in. propane stove; 4 pce. bedroom suite; 3 pce. chesterfield suite (wine); piano; Northern Electric radio combination; chrome table and 4 chairs; Zenith electric washer; Massey cream separator; 3 double beds, complete; 1 desk; 1 table; 1 trilight; Rollaway bed; 2 rocking chairs; 4 kitchen chairs; 2 dressers; boy's bike; tricycle; toboggan; galvanized bath tub.

1 white and red milk cow, 5 years old, will freshen in June.

C. W. CARIGNAN

Auctioneer

Phone 169 Licence 107 FAIRVIEW, Alta.

South Caslan

Felix Joe of this district celebrated his 80th birthday last week. Dolphus Huppe was a recent patient in the Lac la Biche Hospital.

Oliver Joe of this district spent several days in the hospital.

Henry Boucher of Philomena was a guest at the home of Peter Joe. The McDonalds of Hylo were recent visitors in this district last week.

Pat Bouque of this district is out hunting for moose.

Mrs. Elsie Fredricks of Edmonton is visiting at the home of her grandfather, S. Cardinal, while her husband is moose-hunting.

Gourin

Andre and Lucien Ulliac motored to Edmonton recently on a business trip.

Laurent Alcide and Roland Ulliac were home for the weekend.

Lucien Ulliac is a patient in St. Catherine's Hospital.

Francis Lambert visited friends in Edmonton recently.

Mr. and Mrs. Victor Duperron, Mr. and Mrs. Arthur Boulanger and Mr. and Mrs. Eugene Routhier attended the golden wedding anniversary of Mr. and Mrs. Simon Duperron held in Plamondon.

Mr. Wolfe, accompanied by Alvey Gouthier, made a business trip to Lac la Biche recently.

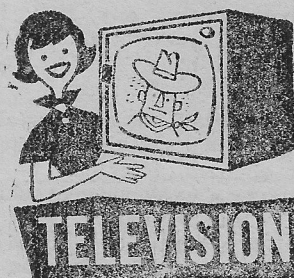
It's Pleasant and Easy to shop at

ELI'S GENERAL STORE

ELI TKACHUK, Prop.

LAC LA BICHE

Alberta



DAD

Surprise the Family
with a

NEW TV SET

FROM

LAC LA BICHE ELECTRIC

Low Down Payment — Easy Monthly Terms

ALL ELECTRICAL APPLIANCES

LAC LA BICHE

Phone 61

Yes! **PLAYTEX**
is the right* gift for babies

*IT'S PRACTICAL, because Mothers prefer Playtex. So you know your Playtex Gift Pack is one that will really be appreciated and used.
*PRACTICAL, because these pretty gift boxes need no further wrapping.
*PRACTICAL, because Playtex Gift Packs contain 2 or 3 gifts!



GOLD PACK—contains Cover-All Jr. Bib, one pair of Silk Panty, and one pair of Playtex famous "Dress-Eez" Pants. All for 2.75

SILVER PACK—contains Cover-All Jr. Bib, and one pair of Playtex famous "Dress-Eez" Pants. All for 1.75

Better buy now, while selections are complete!

Stewart's Rexall Drug Store

LAC LA BICHE

Alberta

Dr. K. W. Tenove CHIROPRACTOR

Tuesday to Saturday Noon

PHONE 463

ST. PAUL

Alberta

Come To The

NEW TRIO CAFE

And Enjoy Your Meals

EDGAR BELANGER, Prop.

PLAMONDON

Alta.

See Us for all your
Cold Remedies

Stewart's Rexall Drug Store

PHONE 62

LAC LA BICHE

Alta.

THE Homemaker



By BERTHA
M. McCUTCHEON

Have you made out your Christmas gift list? A few suggestions might come in handy.

A toy testing committee of the Canadian Association of Consumers went to work after the Toy Fair in Montreal last February. The very popular science materials were tested under the supervision of a science teacher.

Microscopes. They included microscopes, telescopes, physics sets, steam engines, miniature power tools and chemistry sets. Find out before buying if these toys are C.A.G. approved.

Washable crayons. have made their appearance. They are available in different textures from coarse soft chalk for hopscotch to the fine hard kind for fine art work. A kit of brightly colored poster paints in plastic cartons packaged with a brush is priced for about a dollar. Rigid foam material (melfoam) has made its debut. It is used for carving and for decorative purposes.

Two new items are the Magi chair-tunnel, bench, bookcase, etc. and a Si-ooter (snow scooter). Look for these.

An adjustable bingo bed; tiny metal cars with permanent tires; finger puppets; small vinyl mitt for the beginning catcher; beautifully designed wooden doll furniture; doll house dolls which are flexible; a big real baby doll; huge hollow vinyl bricks.

You might be interested in toys or other gifts that can be made at home. My office has patterns for stuffed toys — dogs, giraffe, horse, elephant; flexicrown; felt slippers for babies and pre schoolers; knit slippers, pussyfoot boots; large felt Christmas stocking; combination carry bag and needlework apron; frothy big Christmas candles; evening bag; felt bridge tablecloth.

Here are a few Christmas cleaning tips:

1. Try the electrolytic bath for a quick way of silver cleaning. Use a shallow enameled or bright aluminum pan. If an enamel pan is used, line with aluminum foil; add 1 tablespoon each of baking soda or washing soda and salt to one quart water. Bring solution to boiling point, then remove from heat. Immerse silver in solution 2 to 5 minutes, making sure each piece touches the foil or each other. Remove silver as soon as tarnish is gone, wash and rinse thoroughly; dry with soft cloth. The amount of silver lost by this method is less than by the friction method. **CAUTION** — This method is so effective it should not be used on silver with oxidized decorations.

2. Three tablespoons of baking soda in a quart of warm water makes a good cleaning and deodorizing solution to wash the defrosted refrigerator or freezer, to clean bread and lunch boxes; also removes dusty, oily film from ornamental glassware, curdy deposit from baby bottles. Follow with a clear water rinse.

3. To remove discoloring (alkali stains) from aluminum kettle, cook rhubarb, tomatoes, or tart apples, or a weak vinegar solution in it. Clean regularly.

4. Use a basket or handled box for cleaning supplies, brushes, and cloths to take with you from room to room. Saves many a trip and a lot of forgetting.

5. Reduce the number of decorative small articles that you must handle, dust, clean or give special care.

You should not have to be reminded to go to church or to support your church, unless you are under twelve years of age.

Conduct Mass Chest X-Ray Survey Among District Adults And Children

CASLAN — A chest X-ray unit will conduct a clinic here and in surrounding areas.

A survey was conducted by a committee with V. G. Strembitsky as chairman.

The clinic will be located at the Caslan school, where Mr. Strembitsky is teacher.

Dec. 7th, 10:00 a.m. - 11:00 a.m., 80 school children and staff; 11:00 a.m. - 12 noon, 58 adults. Total 138. The clinic will move to the Caslan Beaver River Colony and will be held in the Beaver River Colony School. The survey was held with K. Wilson as supervisor. Clinic hours are: Dec. 7th, 3:00 p.m. - 4:00 p.m., 75 school children; 4:00 p.m. - 5:00 p.m., 75 adults. Total 150.

A survey was conducted at Wandering River with Mrs. M. Watanuk committee chairman.

The clinic will be held Dec. 9th, 9:00 a.m. - 10:00 a.m., 70 St. Therese School children; 10:00 a.m. - 11:00 a.m., 70 Wandering River

Birthday Party For Lena Menard

BERN — Forty-five friends surprised Miss Lena Menard with a party on her 17th birthday last week, with music supplied by George Bert and Octave Chevigny. Games were played.

The party was highlighted by a beautifully decorated three-layer cake and lunch.

Lena was presented with many attractive gifts and money.

Grassland

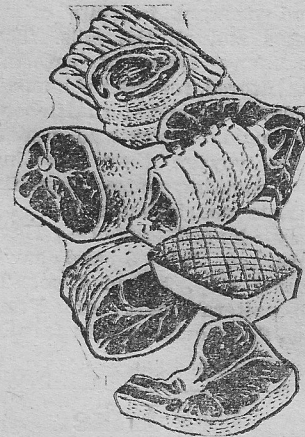
Walter Alexsiuk left last week for Carman, Man., where his marriage to Miss Roseanne Last, district nurse here, took place.

Mr. and Mrs. Mike Sworin have moved into their new home in town.

A St. Michael's Day party was held at the Skawronik home in honor of Mike Skawronik with a few friends present.

A shower was held at the home of Mr. and Mrs. Ralph Johnson for Miss Carol Schendzielorz, who is shortly to be married to Mr. Cecil Fischer.

Miss Irene Johnson and Miss Olga Holdis, who are working in Edmonton, visited at their respective homes in this district last weekend.



Groceries, Meats, Fruits, Dry Goods

Hardwares - Electrical Appliances - Farm and Mill Equipment...

PLAMONDON MERCANTILE

PHILIP PLAMONDON, Prop.
PLAMONDON

Alberta

Brand New Husky for Big Jobs...

5-6 Plow **OLIVER 950**



You need a big-power tractor like this new Oliver 950 when work piles up and help is short. It's perfect for big-scale operation, pays out on every job in added working speed and economy.

First, you can pick the modern 6-cylinder engine that saves the most—gasoline or 100% diesel. You can equip it with Oliver's famous Independently Controlled PTO, or a depth-control hydraulic system to suit your needs.

Any tractor driver in your family can handle this new powerhouse with small-tractor ease. Its recirculating ball steering unit takes the place of power steering. And no tractor provides as much room and driving comfort—wide, roomy platform, rubber-spring seat.

Six forward speeds enable you to fit the 950 to the load and save fuel. Double-disc turning brakes are long lasting, easy to adjust. We suggest you see—and drive—this great new tractor soon.

George Homeniuk

LA CLA BICHE

Phone 30

Alberta

Now is the Time to bring your old Machinery in and get good trade allowances on brand new machines.

Lacland Sales & Service Co. Ltd.

LAC LA BICHE
Phone 43

GRASSLAND
Phone 3

Christmas Toys Are Here

See Our Large Selection For Boys And Girls Of All Ages
GIFTWARE FOR EVERYONE

Large and Small Appliances
Boxed Chocolates — Candies
Skates and Hockey Equipment

Winter Clothing and Footwear

Reduced Prices on Boys' Suburban Coats and Parkas
You DO get more for your money at

MacLeod's

LAC LA BICHE

Alberta

Ph. 145 — P.O. Box 390

Let...

W. J. CHESTER

advise you on all your Insurance Questions.

Phone 13 or 90

LAC LA BICHE Alta

Complete and Reliable Car and Truck Service

Atmore Service Garage

ATMORE

Alberta

You'll Do Well to Stop at the

NEW ATMORE HOTEL

Germain Routhier, Manager
Lunch Room in connection

ATMORE

Alberta

Too Few At Home And School Meet To Elect New Slate Of Officers

LAC LA BICHE.—The regular monthly meeting of the Home and School Association was held Nov. 27 in the Dr. Swift School. Much to the disappointment of those present the attendance was again too low to elect a new slate of officers. The president, Ernie Shanks, whose term of office, in compliance with the constitution must be terminated at the end of the year, expressed much concern for the future of the organization, the interest and attendance has been good until the past two meetings when election of officers was scheduled.

A lengthy discussion took place on ways and means of getting the members out for election of officers. Mr. Shanks stated that the Home and School Association is for parents themselves, the home makes the organization and the parents are the ones who have to keep it functioning.

The Home and School Association is an important and respected organization in the community and the opinion and advice of the members is often sought in matters pertaining to school. It would appear that the community would suffer greatly, should the Association fail through lack of interest, but no organization can function without leaders. Are the parents in the town and district so disinterested in the welfare of their children that, rather than assume some responsibility in the leadership and management of this organization, they absent themselves at the time when important business arises, thus making it impossible for the Association to carry on?

In the short life of the Home and School, much has been accomplished, and worthwhile projects undertaken. An interesting work-

shop was held, and a regional director was chosen from Lac la Biche Association, namely Rev. R.S. Green. A scholarship fund has been set up and this year for the first time an award of \$25. was presented to Miss Kathleen Duban for the highest standing in Grade 10 in Lac la Biche School. The presentation was made by the President, Ernie Shanks, at the recent Award's Night.

A nominating committee of three, Mrs. I. Uganitz, Mrs. L. Shewchuk and L.J. Bartman, was chosen and they are confident a slate of officers will be ready for the next meeting which will not be till January.

The president tendered thanks to the teachers for the fine program presented by the school children at the Award's Night and he also expressed thanks to the Citizen's Band for its part in the entertainment.

Reports were given by various committees relating the activities of the past year. In the discussion which followed the report on the skating rink given by the Home and School representative, Mrs. L. Vincent, Mr. McMillan announced that schedules of skating time were being prepared and copies would be distributed to the children.

Mrs. Breau, social convener had procured two good films, "Wardens at Waterton" and "Prince Edward Island". These films were enjoyed following the business meeting.

Copies of Alberta Home and School News, the official publication of the organization, were distributed by the publicity convener, Mrs. I. Uganitz. This is an informative little paper and may be obtained for the modest sum of 20c per year. Membership fees

Frains

Bill Gelowski is home now after working up north for a long period of time.

Evelyn Budney is visiting at home for a month during her holiday from work in Uranium City, Sask.

Edwin Budney and Steve Urdiga have left home for employment.

A large crowd attended the church service in the Ukrainian Greek Orthodox Church in Sarrair on Sunday, Nov. 22.

A movie will be shown every Thursday in the Community Hall starting on Nov. 26.

Many young people attended the dance at Caslan and the wedding dance at Donatville on Nov. 21.

Visiting Mr. and Mrs. J. Pfau and family recently were Mr. and Mrs. Joe Pfau and Ed, of Grande Prairie.

Home for the recent weekends were: Edwin Budney; Mike Kowalyk; Olga Broda; Ray Mamchur; Rae Kolack; Mr. and Mrs.

of one dollar a year are now due. Sister Marys' room of Grade 9 won the attendance banner.

Coffee and doughnuts were served to conclude the evening.

Bill Kashuba; Mrs. Sophie Shwetz; Minnie Shwetz; Jean Shwetz; Mr. and Mrs. Nick Hussynec; Anne Nahrabinchik; Mary Loposhinski; Mr. and Mrs. Alex Pfau; Andy Chopoidal and Pete Gelowski.

Gloria Kolack is visiting with her sister and brother-in-law, Mr. and Mrs. Bill Kashuba, in Edmonton.

The school students had their pictures taken on Monday, Nov. 23.

M. Kniazky is busy hauling cratesful of chickens and turkeys to Edmonton.

Joe Chadicki is visiting his mother while on vacation from his work in Uranium City, Sask.

Many young people attended the wedding dance for Mr. and Mrs. Cecil, Carroll Fischer, in Grassland Hall on Friday, Nov. 20.

Sale And Whist Sponsored By WA

HELINA.—The Anglican Church WA sponsored a white elephant sale and card party Nov. 21.

Winners of prizes for whist were: women, Esther Hogetveit, first; Mary Onuul, consolation. Men, Matt Farvolden, first, Jack Macki, consolation.

Normandeau

Eugene Turgeon is a patient in the St. Catherine's Hospital, Lac la Biche.

Miss Delphine Lodouceur is at present employed by Mr. and Mrs. Laurent Turgeon.

The school bus, driven by A. Durocher, has been on time despite the rough roads.

There are still a few farmers who have not completed their harvest.

**Delicious
CHOP
SUEY**

We KNOW How to Prepare It!

**LAKE HOTEL
COFFEE SHOP**

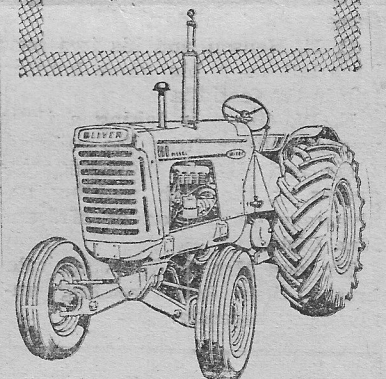
LAC LA BICHE Alberta

You will agree our Clothes are Stylish, Warm, Comfortable and Reasonably Priced.

**ROBINSON
STORE**

PHONE G-205
LAC LA BICHE Alberta

**NEW
770-880
OLIVER
Wheatlands
fit your needs**



Oliver's brand-new wheatland specials are here—famous 4-pow 770's and 5-pow 880's with great new advancements to fit your kind of farming.

Here are low, compact power brutes with short wheel bases to make handling easier (83 inches in the 880, less than 82 in the 770)...big 14-30 or 15-30 tires...enclosed platform and crown fenders...heavy-duty drawbar. The arched, oscillating front axle allows front wheels to roll over objects as high as 16 inches without rocking the tractor.

You have a choice of engine types: diesel, gasoline, LP-gas—and many special units: power steering, completely independent PTO, "Hydra-lectric" or hydraulic controls. Stop in and check over their many other advantages—soon.

**Dale
Mellott**

GRASSLAND Alberta



MEN . . .

You will be satisfied with our clothes. Both for COMFORT and STYLE.

LEO'S MEN'S SHOP

Phone 147 ST. PAUL



FORD PARTS and SERVICE

B-A Gas - Oil — Ford and Mercury Car Sales
Car and Truck Repair.

GENE'S MOTORS

Phone 34 PLAMONDON

**NEW and USED
Cars and Trucks**

Before You Buy See Us
For Good Deals On

**CHEVROLET Cars and
Trucks and OLDSMOBILES**

Also VOLKSWAGEN
Cars and Trucks

We have an excellent selection of
good used cars and trucks

CALL IN TODAY

Cash—Trade—Terms

Hec. McCormick

LAC LA BICHE Phone 43 Alberta



**We Aim
To Please**

and you'll find our food good,
substantial and satisfying.

ROYAL CAFE

LAC LA BICHE

Alberta



Let Us Keep Your
Car
SAFE
for winter
driving

We specialize in Steering
and Wheel Alignment—Repair and Service.

TRIWAY SERVICE GARAGE

P.O. Box 233 — Phone 201
LAC LA BICHE Alberta

Guy Piquette And Raymond Labonte First Prize Winners At Plamondon

PLAMONDON — The Achievement Day for the Plamondon Grain Club was held in Plamondon recently. Judges for the occasion were E. Ness and Steve Steffore. District Agriculturist Stan Powers was master of ceremonies.

After close examination of the samples and displays brought, the winners were announced.

Prizes for the senior project were given as follows: Guy Piquette, first; Raymond Labonte, second; Larry Amiot, third, and Victor Amiot, fourth. Prizes for the junior projects were given to the following: Raymond Labonte, first; Emily Dube, second; Jerome Plamondon, third; Leo Piquette, fourth; Lena Menard, fifth and Walter Bourassa, sixth.

An examination was given to the 4-H'ers on things learned during the preceding year.

Noral

John Skoreyko has purchased a farm from William Kovaluk and is beginning to farm.

E. W. Grove and family accompanied by John Skoreyko motored to Wainwright for a visit recently.

Donald Shelest, Harold Krawchuk, John Kadiuk and Metro Woychuk motored to a bingo at Caslan and later travelled to a dance at Hyllo.

Sterling Johnson and Tom Boucher motored to Athabasca on business recently.

Alex Woychuk visited his brother Fred for a couple of days.

Mr. and Mrs. H. Hansen, Mrs. B. Woychuk and Mrs. E. W. Grove were present in Lac la Biche for the Remembrance Day parade.

Lawrence Boucher is a patient in Lac la Biche hospital.

Mrs. Cliff Henson visited her children in Edmonton and daughter Mrs. Smith in Warburg over the weekend.

Sterling Johnson is back at work on the railroad after enjoying a three weeks' holiday.

C. E. Henson and his two sons have left on a big game hunting trip in the foothills.

E. W. Grove is taking a three weeks' holiday from the railroad.

Mr. and Mrs. F. Woychuk were guests at the 25th wedding anniversary celebration of Mr. and Mrs. Cisko.

Mr. and Mrs. F. Woychuk celebrated their 34th wedding anniversary recently.

Painting, Decorating, Wall Papering

Complete Color Schemes, Laying Tile, Drywall Finishing. For particulars, apply to

G. STRAATHOF

Box 434

LAC LA BICHE Alberta

LADIES—

For the newest and smartest styles in hairdressing come to—

**PARK
BEAUTY SALON**

LAC LA BICHE Alberta

For . . .

GENERAL INSURANCE

Contact . . .

E. J.

WOYNAROWICH

Notary Public - Insurance
Ph. 132 LAC LA BICHE

The results of the Achievement Day, examination and attendance at the meetings, will determine the winner of the trip to Vermilion in the near future.

The day was ended by a lunch served by the girl members of the 4-H Grain Club.

Catholics Get New Schools

Three new Roman Catholic separate school districts have been established in southeastern Alberta.

The new districts are Bow Island, Winnifred and Burdett.

There now are about 80 Roman Catholic school districts in the province including one in each of the 10 cities. Protestant separate school districts are established at Peace River, St. Albert and St. Paul.

Bayview

Albin Stupak made a business trip to Boyle recently.

Joey and Conrad Plamondon are proud owners of new Volkswagen cars.

Mr. and Mrs. William Slade and family of Edmonton were recent guests at the home of Mr. and Mrs. Mike Luc. They were accompanied by Mrs. Olga Sewcheshin of Westlock.

The fur farmers are busy pelting their mink.

Several young people from this district attended Lena Menard's birthday party at Berny.

Honor Newlyweds At Wedding Dance

ATMORE — Many residents from the district attended the wedding dance of Miss Carol Schendzeilorz of Grassland and Mr. Cecil Fischer, formerly of Atmore, who were recently married in the Grassland Holy Trinity Church and held their dance in the Grassland Hall.

The bride was lovely in a floor-length white gown, with matching bridal veil.

She was attended by her sister Miss Irmgard Schendzeilorz in a waltz-length yellow dress, Miss Edith Campbell, cousin of the groom, in a waltz-length blue flecked dress and Miss Shirley Fisher, cousin of the groom, in a waltz-length orange organza dress.

The groom was attended by Mr. George Fischer, cousin of the groom, Mr. Marvin Kanzig, cousin of the bride, and Mr. Garry Draper.

Lunch was served at midnight. Music was by the Lac la Biche orchestra.

Avenir

Miss Rose Marie Oakly, employed as ward aid in St. Gabriel Hospital, Waterways, visited the A. J. Plamondon home.

Clifton Plamondon has been hauling hay and grain from his farm here to his home at Bayview. Ted St. Jean is making preparations to have his house moved to a new site on his farm.

Red coated hunters have been in the vicinity but haven't been too successful.

Daniel J. Plamondon, Gordon

and Bert Putnam of Grassland attended the auction sale at Abbe recently.

Ted St. Jean and others of the district have left for the foothills in search of big game.

Rev. Father T. Pellitier was here on a parish visit last week.

Mr. and Mrs. A. J. Plamondon and Romeo attended La Releve Albertaine with their daughter in the Plamondon gymnasium.

The road was recently graded and is in much better condition.

J. Orvilla is driving his new Volkswagen bought recently.

Berny

Narcisse and Albert Menard motored to Bonnyville on business recently.

Ulric Menard made a recent business trip to Edmonton.

Leo Bourassa has returned home after spending a week and a half in the hospital where he received medical attention.

Charron

Mr. and Mrs. George Dawhaluk and family of Blue Jay were recent guests of the John Zayone family.

Mr. and Mrs. Louis Ilnicki and Allan visited at the Steve Zayone home in Breynat recently.

Miss Rose Roskewich has been the guest of her parents at Breynat.

Sandy, Mike and Gail Karpetz have been staying in Atmore of late where Sandy's Self-Serve store is being completed.

George Shapka recently purchased a new 1960 ½-ton truck.

District teenagers who attended the basketball games played between the Athabasca and Grassland High Schools at the Grassland School.

Peter Shapka took a load of hayseed to Edmonton for Sandy Karpetz. The latter is a buyer for the Canada West Company.

For All Your Electrical Wiring Call

OSCAR D. TREMBLAY

LAC LA BICHE

Alberta

**LET US WRAP UP YOUR
INSURANCE PROBLEMS**

That is not idle talk. We can do just that, so come in and talk it over with us.

C. M. SUTTON

Phone 1

GRASSLAND



AT . . .

**YORK HOTEL
COFFEE SHOP**

LAC LA BICHE

Alberta



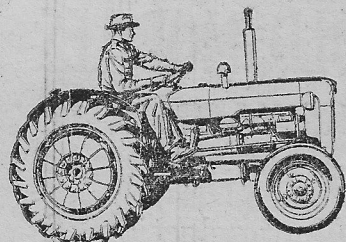
Wreckage and Sales —

NEW and USED PARTS

Rebuilt Transmissions, Rebuilt Generators
and Starters.

WEST END AUTO WRECKAGE

Branches at ST. PAUL and LAC LA BICHE
Phone 190 LAC LA BICHE



**Come in and
see our
New and Used
Farm Machinery**

Home Freezers - Washers - and all
Household Appliances

GEORGE HOMENIUK

Phone 30

LAC LA BICHE



comfortable

carefree

and cute as can be!

new

waterproof

**playtex®
party
pants®...**

**playtex®
SUGAR PLUM™**

Frilly nylon eyelid embroidery, lined with soft waterproof underpant. Peppermint Pink, Buttercream Yellow, Marshmallow White. Med., Large, Extra-Large, Toddlers. 2.00

**playtex®
IVY LEAGUE**

Boxer shorts, in "sanitized" cotton, with plaid trim. Lined with soft, waterproof underpant. Blue, Tan. Med., Large, Extra-Large, Toddlers. 2.00

ROBINSON'S STORE

LAC LA BICHE

Alberta

On Disciplining Children

Parenthood Without Hokum

By Howard Whitman

PART 2

On Getting Angry With Your Child

(In this day and age of gross juvenile delinquency in some parts of the world, the question of placing restrictions on a child for society's betterment is of vital importance. Howard Whitman, nationally prominent writer on social problems, tells how the old theory of "let the child do as he pleases so as not to stifle his natural expression" has failed miserably during the past quarter century. Now it's time for discipline, Mr. Whitman says, and he tells how to go about it.)

A young mother, being helped with her problems by the Family and Child Services of Washington, D.C., remarked to a case worker, "I shouldn't say this, but sometimes I get so angry at my child that I can hardly stand it". Her attitude was typical of thousands of mothers—and fathers, too—who are worried, guilt-ridden, or just plain mixed up about getting angry. Sometimes they put it in other words:

The cure of "parental neurosis" is an understanding of what anger is, how it works, and what constructive part it can play in child-raising. To condemn it out of hand is an implied criticism of the



Creator for putting it there; a more productive approach is to find out why He put it there. Psychological studies have established that emotions are a source of energy. They give us a shot of additional brain power and muscle power so that we may cope with an emergency situation. It is the emotion of fear which enables a man to run faster when a lion is chasing him than he could under less demanding circumstances. Likewise the emotion of anger shoots through our system emergency energies designed to help us cope with a threatening situation.

In Wilmington, Del., Dr. Frederick W. Dershimer, in charge of personnel psychiatry for the DuPont Company, has made extensive studies of the emotion of anger. His conclusion is that emotions are an important part of what God put into us and should be employed to the fullest; that the reason we get into trouble is that we try to stifle or misuse them. In one of his scientific papers, Dr. Dershimer reported:

"Without ever finding out what anger, fear and allied emotions are for, without ever examining their natural functions, we condemn them and strive mightily to destroy them. Since emotion is force — energy — the actual result is that we drive these emotions into the dark places of our minds, save them there and build them up to ever higher potentials."

DANGER OF EXPLOSION

The obvious danger, then, is an explosion. Instead of liberating the extra energy for the constructive purposes for which it was intended, we try to contain it — hold it in. Dr. Dershimer explained, "We do with emotions exactly what we would do if we deliberately set out to make steam dangerous — we generate it in a closed system and shut the safety valve. This is the way to blow up a boiler."

With parents, it is not anger itself, but rather repressed anger which causes blow-ups. Fathers and mothers who try hardest to "control themselves" often are the ones who blow their tops.

Dr. Dershimer told of a man who had been trying valiantly to

hold himself in everytime he felt angry. But the bottled up anger, as any mounting force will in containment, had to blow a gasket now and then. Sometimes the man resorted to physical violence which made him feel remorseful and ashamed.

Once this man accepted the constructive role of anger, he saw that he could harness its energizing force. He stopped repressing it. He let the emotion flow freely and carry energy to his brain. He was surprised, he later admitted, that the result was not violent action at all. Quite the reverse. His brain, functioning calmly instead of under pent-up pressure, rejected violence as not an effective solution to his problems. Instead, the energy of anger started his brain working toward effective beneficial action.

In the case of flagrant misbehavior by a child, the emotion of anger might send to the parent's brain and muscles a torrent of energy which at first might suggest anything from locking the child in his room to a savage beating, but when it is not under pressure the brain can evaluate the effectiveness of various courses of action. It is not likely to select one which will only make matters worse and leave the parent himself feeling wretched.

A CONSTRUCTIVE USE

Perhaps the brain may counsel the forfeiture of one of the child's privileges, or an extra chore to do, a reasonably-administered spanking, or a half-hour lecture — all depending on the individual parent and child. Whatever is chosen, it will represent a constructive use of the emotional energy rather than blowing up of the boiler.

What about the child's anger? Children are equipped with this solution, too, and their expression of it often baffles parents or even frightens them.

Yet it is no more healthy for a child to repress anger than it is for a parent. Part of a child's education is learning that anger is a natural emotion and how to employ it constructively. This means that a child must be trained to use his anger in an effective and acceptable manner. He must learn that it will do him no good to rage and stomp when he is angry and that it will only get him into further trouble if he bashes little brother or sister on the head.

If anger is to be employed constructively it must serve one's own best interests, whether adult or child. An adult who is angry because a policeman has stopped him on the highway soon learns

HSA Enjoys European Trip

(Cont. from Page three)

The grain was thick and ripe and most of it was stooked already. Driving from Paris they saw large fields of grain being cut by Massey Harris combines. There were large fields of sugar beets and many cattle were seen. Of course the size of the farms were really small as compared to ours in Canada.

In Paris they saw the Louvre Museum; old paintings, as old as the 13th century; paintings by Raphael; Leonardo De Vinci's original painting of Mona Lisa, Greek, Roman and Egyptian statues. They saw the beautiful palace and gardens at Versailles and hall of mirrors, where the peace treaty was signed in 1919; went to Notre Dame Cathedral; then to the well-known 973 foot high Eiffel Tower. At this time, July 14, Paris was preparing for Bastille Day, the national festival. Then on to Fontainebleau and Napoleon's personal properties, abdication sheet, bed, chairs, clock and cap.

To Nice they travelled by night Blue Train, where they went swimming in the Mediterranean Sea and found the shore rocky, not sandy. They thought it would be cool here but it was 93 above zero, one degree cooler than in Paris. Next day they went to see the Perfume factory at Grasse; many rooms, plants, distillers, soap making and by-products. Grasse is quite noted for the perfume industry. Many plants are needed for a few ounces of concentrated perfume and extraction methods were outdated.

While on the French Riviera they went to see Monte Carlo where Prince Ranier and Grace Kelly live. They saw the palace then went to see the Casino and the well known gambling wheel of Monaco.

While travelling by bus to Italy they saw many fruit trees, especially olive trees. Farming seemed to be quite poor. Crude methods are still in use, such as hay being

that calling the policeman names won't help.

Since parents have had more experience with good and bad uses of anger, they are in position to help the child choose good ones. When a father seizes the arm of a child who is about to throw a rock at the boy next door, he is indicating to him that this manner of expressing anger is likely to bring bad results. The same is true of a mother who spans the little girl who has just angrily broken a vase. The idea is not to suppress the emotion but to indicate to the child the difference between using and misusing the emotional energies.

LET IT GO

It helps children to come to terms with their own emotions if they can observe that their parents have similar feelings. "Grown-ups do get angry, and children should know it," one psychologist commented.

Many counselors in recent years have disagreements or arguments in their children's presence. This, it was supposed, would severely rock the family boat and might swamp it. But few counselors give such advice today. It is recognized now that rough weather at home, just as rough weather at sea, provides a necessary condition of learning how to navigate.

So to the young mother who came to the Washington family agency so upset about her own anger, the patient counsel was — "No human being is even-tempered all the time. We all react to irritations, and children can be mighty irritating at times. A parental outburst once in a while can clear the air. It certainly is better than storing up resentment."

NEXT WEEK — The Lost Art of Fatherhood, distributed by the Register and Tribune Syndicate.

transported by a two-wheeled cart pulled by oxen, and not many cattle were seen. While enroute they caught a glimpse of the leaning Tower of Pisa.

In Genoa they saw the house where Christopher Columbus lived; old gates of the city wall and tasted the famous wine, Amontillado.

On the afternoon of July 18 they arrived in Rome where they found it most interesting and rich in history. They visited the Roman Forum; seat of government; Palatin Hill where history first began and first palace was built by Augustus Caesar; the Colosseum; gigantic, constructed of limestone, built first century A.D. and used for gladiatorial combats. Nero died before this was built. A fortress was built in the centre of the coliseum which is oval shaped. Walls of the city were built in the 3rd century A.D. Basilica of St. Peter, biggest and highest church in the world was built on the spot where St. Peter was martyred.

They saw the Catacombs of St. Calixtus, Quo Vadis Church, Baths of Caracalla, Quirinale Palace, museum, Sistine Chapel, built in 1472 and painted by Michelangelo. He spent five years in painting the ceiling of the chapel and seven years in painting one wall of Doomday. This chapel is the place where they elect cardinals.

In the evening they saw the opera "Aida." Here they also saw the ancient walls of the city, ancient temples, the tomb of Julius Caesar and other remains which have been excavated at the site of the old and ancient city of Rome, which dates back to centuries before the birth of Christ. Here they also saw St. Peter's Church in Vatican City and the museum which houses 3,000 rooms. They saw many famous paintings and interesting sculpture. Leonardo de Vinci's whole story of creation painted on a chapel ceiling and the great immenseness of the open air theatre.

More people spoke English in Rome than in Paris. On the whole people appeared quite friendly. Almost every city of Europe this far had side-walk cafes where people sit around sipping beer or wine.

From Rome they went to Assisi, then to Florence, the birthplace of Michelangelo, where they saw the Medici Chapels, Cathedral, Giotto's Campanile; Baptistery of St. John, which took 80 years to paint the ceiling and holds about 45,000 people; thence via the Piazzale Michelangelo to the Pitti Palace to visit the famous gallery.

At Venice they visited Doges' Palace, the dungeons and the Bridge of Sighs; travelled in gondolas through the charming city of Venice which is built on water and even saw a funeral procession on water. They saw St. Mark's Church. There are clocks here dating from the 17th century that are still in working order. Here they saw the glass factory where it takes 10 years to learn how to blow glass.

Then on to Lucerne, Switzerland, the place of the yodellers; and the land is just as described in the story book "Heidi." They took an afternoon excursion by motor and cable car to the summit of Mount Pilatus for a panoramic view of the high Alps, returning by cog-wheel railway and lake steamer via Alpnachstad. They visited Engleberg, famous winter resort, and were informed that some Swiss houses were 300 to 500 years old.

They left for Mainz, Germany, on July 28 and travelled down the fabled Rhine River past castles and terraced vineyards to Coblenz, past the "Lorelei Rock." There was an amazing number of boats on the river. Going to Amsterdam, Holland, they caught a glimpse of Cologne Cathedral.

They saw the house of Rembrandt and went to the diamond factory where they watched the cutting and polishing of these stones. A diamond is cut into 58 sides and 50% of the diamond is

wasted in the refining process. Another diamond is needed to cut a diamond and also circular blades are used. Olive oil is needed and every side of the 58 facets must be equal in area. It takes about one day to finish one diamond. Then they visited the inside of windmills and dykes made of mounds of dirt. They visited the National Museum. Most people still wear national costume, including wooden shoes. They stopped to buy cheese at a cheese farm. There was mostly pasture and milk cows to be seen.

At Brussels, Belgium, they saw the lace factory and the Manneken Fountain, also the medieval Grande Place. They saw the Antonium, where the world fair was held, and it weighed 20,200 tons. The balls are 59 feet wide, the tubes are 75 feet long and elevator lift takes only 23 seconds and will hold 20 persons. They saw the monument of Waterloo and the film of the battle of Waterloo.

Then they headed for Dover and on to London where they found it crowded and with beautiful flowers and parks all around. They tasted the wonderful English plum puddings; saw Buckingham Palace; the London Zoo; and in Stratford-on-Avon went to see the house where Shakespeare was born. They saw the Wallace collection, Tower of London where the Crown Jewels are on display; St. Paul's Cathedral; Piccadilly Circus; to the British Museum; thence to Westminster Abbey; Hampton court; Wolsely. It was taken over by King Henry VIII at the time of his divorce. They saw Eaton School and Oxford; then visited the famous Gretna Green and on to Edinburgh and Edinburgh Castle, the Palace and Abbey of Holyrood House and the Burns and Scott Monuments. Then they motored via Falkirk to Stirling and via Callander, Lochearnhead and Lock Lomond to Glasgow. They left for home aboard the Carinthia, where it was very rough one day only on the sea, and arrived at Montreal August 19 loaded with souvenirs such as the clinging perfume of Paris, wooden shoes from Holland, coins from different countries, venetian glassware, genuine 24-carat gold, lace work, embroidered clothing, booklets, postcards and snaps.

All in all the trip proved most enjoyable and enlightening. There was a great deal to see and the sights were worth seeing. On behalf of the Home and School Mrs. S. Lozinski thanked Mr. Chodan and Mr. Yurkiw for giving us such an interesting talk and for taking the time to be with us.

During the business part of the meeting the Alberta Home and School News was distributed. The auditor's financial statement was read by Mrs. S. Lozinski. Auditors were Mr. and Mrs. Bill Lozinski, Mr. and Mrs. Stan Grandish and Mrs. G. McEachern.

Grants were received from the divisional board of \$150 towards the skating rink and another \$100 towards library books.

Short reports were given by all committees.

A discussion on the skating rink followed. Information in regard to wiring regulations will be sent for. A well was dug and cribbed by Melvin Rayment for the reasonable price of 35 feet at \$60. A pump and hose will be bought.

The Hockey Boys' Club volunteered to look after the job as caretaker for \$30 a month, with no expenses involved. It was decided that at present the skating fees are to be \$5 per family or \$3 per person or 25 cents per skating schedule per year. The skating schedule is to be made out by a committee consisting of Dick Meardi, Michael Grandinetti, Melvin Rayment, Marjorie Lozinski and Mrs. Grandish.

Buying and packing of Christmas treats this year will be done by Mrs. J. Meardi, Mrs. L. Warren, Mrs. H. Rayment and Mrs. E. Juknius.

Cinnamon rolls and coffee concluded an enjoyable meeting.

Stan Powers Elected President At Skating Organization Meeting

LAC LA BICHE — The Skating Rink Committee has organized again for the season with Stan Powers as president and Mrs. Marshall Hamar as again secretary-treasurer. The different organizations are well represented on the committee. Many improvements have been made; the lighting has all been changed with all wires underground; more lights have been installed and a new dressing room built. A reliable full time caretaker has been engaged. Six junior hockey teams have been organized under the management of Humphrey Senetza and Paul Bouvier.

Spruce Valley

Mrs. Raymond Pickering, nee Marie Duban, and daughter Katherine of Grande Prairie were recent visitors at the home of Mr. and Mrs. D. Gowolko and family.

Frank Bentler from the Calgary Power checked the meters in the district last week.

A few local residents attended the 25th wedding anniversary party held for Mr. and Mrs. Shewchuk at Prosperity recently.

A St. Michael's party was held for Mike Skawronik at his home. Ted Leysteyton and Bill Sekulik supplied the music for dancing.

Mr. and Mrs. Peter Homeniuk and daughters Connie and Edith spent the weekend visiting their parents Mr. and Mrs. William Homeniuk at Opal. They also visited Mr. and Mrs. Mike Semichuk and family at Egremont.

Mr. and Mrs. Matoga were visitors to Edmonton last weekend. Emil Zilinski of Edmonton spent a few days at his farm here.

The price of season tickets remains the same as last year, single family tickets being \$3 and those with two or more children in a family, \$5. The executive warns that there will be no skating without tickets this year. Tickets must be purchased at the start of the skating season.

A hockey and skating schedule is posted in the dressing room and copies will be available for each family.

As in previous years, several pairs of skates are kept for use by children who are unable to purchase their own, thus no one is deprived of the enjoyment of skating or playing hockey.

The rink has now been in use for a couple of weeks, affording hours of healthful pleasure to young citizens.

Hylo

Andrew Lozinski has gone to Edmonton where he will spend some time.

Elbert Warren is employed with an oil company at Drayton Valley. Mr. and Mrs. Bruno Meardi motored to Athabasca last Sunday.

Sam Fomuk, who visited Mr. and Mrs. Walter Lozinski for over a week, has returned to Edmonton.

M. Germain Bride Of E. L'Heureux

EGG LAKE — A pretty marriage was celebrated in the Roman Catholic Church at Breynat when Miss Marie Rose Germain, daughter of Mr. and Mrs. Lucien Germain of Breynat, became the bride of Mr. Edward L'Heureux, son of Mr. and Mrs. Leon L'Heureux of Egg Lake. Rev. Pelletier officiated at the ceremony.

The bridesmaids were Miss Rosalie Germain, sister of the bride, Miss Yvette L'Heureux, sister of the groom, and Miss Isabelle Boulanger, cousin of the bride.

Following the wedding a dinner was served at the bride's home and in the afternoon a reception was held for over 200 persons at the home of the groom's parents, followed by a dance in the Lac la Biche Hall.

The newlyweds will reside on their farm here.

Caslan

Mrs. Bale arrived from Ontario to attend the wedding of her daughter Frances to Mr. Russell Giblak, an event of Nov. 21, and has been a guest at the home of Mr. and Mrs. William Giblak.

Willard Wolansky is home after working on the NAR the past months.

Walter Meyer is renovating his store building and the floor space

has been extended to make more room.

Mrs. R. Raitt is a patient in the Lac la Biche Hospital.

Mrs. G. Tremblay and family have moved to Fedorah where Mr. Tremblay is working on the NAR.

Mervin Henson motored from Edmonton and spent the weekend with his parents, Mr. and Mrs. Clayton Henson. Kathy, Betty and Richard accompanied him on the trip.

John Slamko of Edmonton was a recent visitor in the district.

Alex Halitzky has been a patient in the Lac la Biche hospital. Bill Gordey drove the school bus two days while Alex was ill.

Atmore

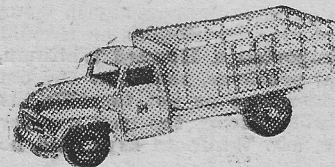
Ross Tucker was a business visitor to Boyle and Lac la Biche last week.

Eugene Stanchfield and Stanley Wzulka of Lac la Biche visited at the home of the former's parents recently.

David Heatherington is at present employed as bookkeeper for the Grassland garage owned by Mike and Walter Ilnicki.

William Heatherington has been helping his son-in-law, Stanley Ballard, on his farm during the past week.

Shirley Tucker has been on the sick list for the past week.



Expert Repairs to all makes Cars, Trucks, Tractors and Farm Machinery.

PRICES RIGHT — PROMPT SERVICE

BARBER MOTORS

PLAMONDON

Alberta

County of Athabasca No. 12

COYOTE CONTROL WITH 1080

For control of Coyotes, 1080 poison baits are again being set out in the County of Athabasca. In accordance with Provincial Acts these baits must be placed at least 1 mile from the closest dwelling, and only one bait per Township. Some locations have already been chosen, however there might still be place in the County where the Coyotes, unknown to us, are numerous and troublesome, if so please contact the Field Supervisor and a location could be considered.

Baits have been placed at the following places: S.E. ¼ Sec. 5 - T.68 - R.23 - W.4 and S.E. ¼ Sec. 1 - T.66 - R.23 - W.4.

HANS ARMFELT, Field Supervisor,
Agricultural Service Board,
County of Athabasca No. 12.

Dr. Peter Steblyk

DENTIST

ATHABASCA Alberta

Office Hours: 9:00 a.m.

afternoon

to 5:30 p.m.

Daily except Thursday

In Time of Need Call

Lewis and Coli

Funeral Directors

OPERATING

Athabasca Funeral Service

Phone 63

ATHABASCA

Lakeview Mortuary

Phone 78

LAC LA BICHE

GOOD USED CARS and TRUCKS

1936 Ford ½ ton	\$ 750
1936 Dodge 1 ton	\$1250
1951 Ford 1 ton	\$ 550
1952 Chev. ¾ ton	\$ 475
1952 Chev. ½ ton	\$ 375
1960 Pioneer, 2 tone, White walls	\$3475
1957 Dodge Regent	\$1575
1956 Meteor 2 door	\$1150
1955 Ford Sedan	\$ 950
1953 Chev. Sedan	\$ 550
1951 Ford Sedan	\$ 375
1951 Plymouth Sedan	\$ 275
1950 Chevrolet	\$ 250
1951 Chrysler 2 door	\$ 350
1948 Pontiac	\$ 95

Imperial Motors

John Megley, Prop.

Dodge and DeSoto Cars

Massey-Ferguson Dealer

Phone 2

NEWBROOK

MR. FARMER — ATTENTION!

Oliver Farm Machinery Sold and Serviced by

DALE MELLOTT

GRASSLAND

Alberta

The Earth Is Moved By Us . . .

All heavy moving
Excavating
Overhead Loading
Equipment
Sand, Gravel, Cement

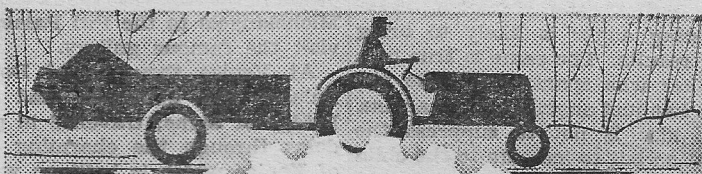
Wm. Hamilton

INDUSTRIAL CONTRACTOR

LAC LA BICHE

Phone 4

Alberta



get long
engine life with
Imperial Esso
lubricants

MARVELUBE • MINERALUBE

ESSOLUBE • R.P.M. DELO

MOBILOIL

CHAS. LEBAS

LAC LA BICHE

Alberta

for all your
petroleum
needs



BOLOGNA

4 LBS. \$1.00

Plush Toys

Kangaroo and Baby
Bear and Baby
Monkey Pyjamas Bag \$2.98

Ladies' Dresses

All Wool \$9.98 to \$12.98

Hudson's Bay Company

INCORPORATED 299 MAY 1970.

WHERE THE ACCENT IS ON YOU

LAC LA BICHE

Alberta